

Glove Sizing Chart

Before purchasing protective gloves and handwear on Interconnective.co.uk, it is important to ensure that the gloves you are buying are the right size for your hands. We have put together this helpful guide to give you an idea of what size would be best for you.

Please use the longest finger for the length measurement and the widest point of your hand for the width. If either fall in between two sizes, always go for the larger size.

When measuring the width, use your dominant hand and wrap the tape measure around it, excluding the thumb, and make a fist.

| Width Measurement | |
|-------------------|-----|
| 152-178mm | XS |
| 178-203mm | S |
| 203-229mm | M |
| 229-254mm | L |
| 254-279mm | XL |
| 270+ mm | XXL |



When measuring the length, use your dominant hand, and measure the length from where your palm meets your wrist to the end of the longest finger.

| Length Measurement | |
|--------------------|-----|
| 160mm | XS |
| 171mm | S |
| 182mm | M |
| 192mm | L |
| 204mm | XL |
| 215mm | XXL |

